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| You enjoyed the course | | |
| Strongly Agree | 53.846% |  |
| Agree | 38.462% |  |
| Neither Agree nor Disagree | 7.692% |  |
| Disagree | 0% |  |
| Strongly Disagree | 0% |  |

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| You feel the course helped you learn self defense techniques | | |
| Strongly Agree | 38.462% |  |
| Agree | 46.154% |  |
| Neither Agree nor Disagree | 7.692% |  |
| Disagree | 0% |  |
| Strongly Disagree | 0% |  |

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| Your rating of the instructor | | |
| Excellent | 61.538% |  |
| Good | 38.462% |  |
| Average | 0% |  |
| Below Average | 0% |  |
| Horrible | 0% |  |

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| What did you like about the course? |
| |  | | --- | | * I liked that we learned so many different techniques and that the teacher was really knowledgeable about self defense. | | * I enjoyed getting to know everyone a little better, it made things a little less awkward. I liked the "team building" exercises, they were a nice break from doing self defense every day. | | * I liked the variety of different moves we always we learned. | | * I liked that we learned a good amount of self defense moves in a short amount of time. | | * learning how to defend myself | | * The class was very fun and interactive. | | * I enjoyed the atmosphere and arnkn environment. Going through the individual moves in a slow pace made it easy to learn the motions. | | * It was fun and fun to learn something new | | * it was fun | | * I enjoyed the opportunity getting to know other students through team bonding and during the film. I had fun learning different moves that may one day help and come in handy. | | * I enjoyed learning all the new self defense techniques and working with other students in the class. | |

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| What did you dislike about the course? |
| |  | | --- | | * Nothing except for the conduit. Of the facility we practiced in | | * I did not like the repetative nature of the course where we kind of did the same thing everyday. | | * It was repetitive at times | | * I didn't like how not often we were able to go outside. | | * i didnt really like gray hall and seemed really run down. | | * There wasn't much that I disliked. I wish there were more team building exercises, but there wasn't much time to do so. | | * The videos were fun to make, but it was difficult trying to make some of the group members actually be productive, and it was a little annoying considering we needed to work together for the grade. | | * I would have liked to do more of the team building activities. They were very fun and helped me get to know some of the other students that I wouldn't usually work with. | | * I wanted to practice in a "real" situation. | | * The gym where class was held was not in good quality.  There were broken floor boards and missing ceiling tiles in the gym. | | * too many moves | | * I wish we would have gone over more specific scenerios in which we could logically use self defense.  The class never discussed what to do if there are weapons, or what mental actions to take rather than just physical actions.  Also, we never spent enough time practicing in a way that if attacked any of these moves would be done correctly under pressure. | |

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| General comments on the course, instructor, what could be better, etc |
| |  | | --- | | * It was a really good course with the exception of try days. A. Three day a week would have been more optimal for learning. | | * No comment. | | * I thought the class was very fun and informative and I really enjoyed it! | | * It was a really good class and I learned a lot. | | * I enjoyed the course and the instructor, he had good stories and kept things light. | | * I really like this class! | | * CLass was fun.... free day activities were great | | * The instructor was good and knew what he was doing. He was helpful and friendly towards his class. | | * great class, great instruction, great peers. | |